

## HEALTH, A VALUE OR A COMPETENCE?

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### ABSTRACT

Health can be considered as a value, since it belongs to the category of life values, but can also be viewed as a competence and that can be taught. Health either a value or competence is very sought after by individuals and by society since a person, institution or a healthy country are more valuable than a sick one

In this paper we talk about how health education and its absence affects learning.

**KEYWORDS:** Health, Value, Competence, Learning